



ST. JOHN'S  
YOUTH  
SERVICES  
INCORPORATED

next step

transitions to independence

succeed!

# the first step



**the program asks young people...**

**are you ready to take the next step?**



**the next step takes young people on a journey toward achieving their dreams of living in their own place, with their own furniture and electrical goods, and where their friends and family can visit**

**they will have the support of a committed worker who will work along side them until you they ready to go it alone**

# plan

the program engages with young people and helps them to understand that...

**first they need to plan to make their dreams come true !**

**the first step will be to tell their case manager at the crisis accommodation service that they want to take the next step, and they then link the young person with the next step program manager**

**Succeed!**



plan  
commit  
receive  
participate  
progress  
be rewarded

“get a private rental place and furnish it up”

“get part time work do Certificate III in IT”

“get fit and give up smoking”

“sort out my depression”





the program engages with young people and helps them to understand the need to commit to their dreams and asks...

**are you ready to make a commitment to your future?**

**young people have their dreams, and must plan on how to get there, they next have to make a commitment, first to themselves, then formally with the next step program.**

**this involves working with their support worker to make a deal that sets out what they will do, and what next step will provide — the deal is binding on both!**

**succeed!**



# receive

the program sets young people up for success, warns them that it is hard to remain motivated and then gives them the means and the support to succeed...

**the next step project will give you the opportunity to receive the following:**

assistance in setting up your home and ongoing support from a youth worker, and with each **step** completed there are **rewards** that will be decided when you make your deal **together** with your worker

while working towards their goals with their youth worker they receive **assistance** and **support** throughout the process.

plan  
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participate  
progress  
be rewarded

succeed!



*"deal with my court issues"*

*"get access to my baby son"*

*"learn how to budget, shop, cook  
and look after myself"*



# participate

the program builds on the untapped potential all young homeless people have by expecting them to participate fully – and to be with them to support them all the way...

plan  
commit

they are encouraged to participate and work with their support worker so they can succeed together!

receive

they are visited regularly as much as they need – often beginning with several hours daily - to develop new skills and strategies to break old patterns of behaviour and develop healthy routines and maintain their home

participate

progress

they are encouraged to participate and be involved in the community while also providing opportunities to have enjoyable hobbies and meet new people.

be rewarded

succeed!



# Progress

the program works to constantly challenge young people to achieve more by building on the interests of each young person...

the activities that they will be involved in with the youth worker are both educational and fun!

they learn valuable skills in how to budget, clean, cook and maintain a household as part of the next step program.

the young person sits down to discuss the skills they want to learn and areas they want to improve ..... they then decide what their goals are and what outcomes they want from the program.

**Succeed!**

plan  
commit  
receive  
participate  
progress  
be rewarded



# reward

the program rewards progress – there is an extensive list of possibilities, and there is room for negotiating other things....

young people are rewarded for their commitment and hard work as the process unfolds!

they are able to select a reward at the completion of each stage of the next step program - the rewards may be electrical items, furniture and internet connections for their new home.

the rewards are selected from a list of possible items, and they decide with their youth worker which are most relevant for them

plan  
commit  
receive  
participate  
progress  
be rewarded

succeed!

A young man and woman are smiling together outdoors. The man is on the left, wearing a green shirt, and the woman is on the right, wearing a red top. They are both looking towards the camera. The background is a bright, sunny outdoor setting with green foliage.

**I planned**

**I made a commitment**

**I received help**

**I participated all the way**

**I really progressed**

**I earned rewards**

**I succeeded!**

# recognition



"a good house in a nice area – a lot of thought went into the location"



"lost 20k, haven't been arrested since moving in, and no more depression"

"I now feel confident – I could move by myself after learning new skills"



"the next step service program gives the opportunity to get counseling, stuff of their chest, accommodation, stability, independence and skills – and the free stuff is pretty awesome too!"

# Recognition



Patrons:  
His Excellency Rear Admiral Kevin Scarce AC CSC RANR  
Governor of South Australia  
and Mrs. Liz Scarce

## UNESCO Clubs — Adelaide Chapter

### Achievement Award

*presented by*

*His Excellency Rear Admiral Kevin Scarce AC CSC RANR  
Governor of South Australia*

# Our next step



the program...

**provides access to housing – in private rental and fully furnished with their own gear**



**it provides access to opportunities – in education, community participation and employment**

**it places young people in the real world, and as they progress the support is maintained until they are ready to go it alone – importantly in the real world, with a lease, a rental history, and a new life away from the call of the streets**



**mentoring – involving those who have succeeded in helping others**

...it supports young people in their transition to independence... *foyer® accreditation?*



**next step is an initiative of  
st john's youth services**

**made possible through the generous  
support of  
the morialta trust  
the coopers brewery foundation  
st peters college  
the wyatt trust,  
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