

# Ladder St Vincent Street



## What is Ladder SVS?

Ladder St Vincent Street is a program that works with young people aged 16—21 who are homeless or at risk of homelessness.

The program provides stable accommodation for 23 residents and tailored support programs aimed to assist young people access the skills, opportunities and experiences to work towards independent living.

Ladder St Vincent Street is a partnership between Housing SA, St John's Youth Services and Ladder to offer young people the best possible opportunity through a seamlessly integrated range of services.



## The Ladder SVS building

- Residents sign a 12 month lease with Housing SA and are provided with a safe and secure place to live while participating in the Ladder SVS programs
- The building provides young people with:
  - Self-contained units, with kitchen and bathroom
  - Onsite support staff
  - A single entry point for all residents
  - A common room with shared facilities
  - Meeting rooms

Ladder SVS is a two storey building. Residents live on the top floor, while the ground floor is occupied by local businesses.

## I want in!

Do you think Ladder SVS might be the place for you? You may be eligible if you:

- Are aged between 16 and 21
- Are homeless or at risk of homelessness
- Are confident with your ability to manage your own property with the assistance of Ladder SVS staff
- Are currently studying/employed or are prepared to commit to undertaking education, training or employment activities
- Agree to actively participate in Ladder SVS programs and support services
- Are eligible for Housing SA category 1 or 2

## The Programs

Residents are provided with case management, provided by SJYS, onsite support from Ladder SVS and have access to a number of development programs aimed to assist young people with the skills required to live independently.

Programs include:

- **Individualised Development Programs** (the Case Plan & Game Plan)
  - \* Goal Setting
  - \* Referrals to external support networks
  - \* Education, training and employment support
  - \* Independent living skill development
- **Ladder Activities Group (LAG)**
  - \* Fun and informative activities held weekly on and off site involving all residents
- **Health and Wellbeing**
  - \* Group and Individual fitness sessions
  - \* Nutritional support
  - \* Mental Health support
- **Mentoring**
  - \* Provided by past and present AFL players, elite female athletes and other sporting identities

## Alumni is the NEXT STEP!

Our team has a strong focus on ensuring that our residents are provided with a high quality of support on exiting the Ladder SVS program.

St Johns Youth Services provide young people exiting Ladder SVS with up to 6 weeks support through the Next Step 'Outreach' program ensuring their transition is as smooth as possible.

Residents are also invited to join the Ladder SVS Alumni program and enjoy the benefits of being a past Ladder SVS team member.



## How to apply

Do you think you could benefit from the Ladder SVS experience? Are you motivated to turn your life around? For more information, visit [www.stjohnsyouthservices.org.au](http://www.stjohnsyouthservices.org.au) or call Ladder SVS on 8447 1090.

For agencies, vacancies will be advertised via email. If you would like to be added to the Ladder SVS distribution list, please forward your details to [LadderSVSreferrals@ladder.org.au](mailto:LadderSVSreferrals@ladder.org.au)